



## FAMILY LESSON - WEEK 4

Materials: Blindfold (examples - bandana, scarf, eye mask, tie, etc.), Objects for obstacle course

### CIRCLE UP

*Use this time to gather together and get everyone talking.*

#### ASK

If you found a special shell at the beach, who is one person you would trust to keep it safe for you? (Allow each family to respond)

What makes you trust that person? (Allow each family member to respond)

#### SAY

When we trust somebody, that means we know that they will do what they say they will do. Jesus is the one person we can always trust because He always does what He says He will do. Let me hear you say this after me:

**Trust** (hand over heart)

**Jesus** (both hands point up)

### WATCH

*Watch today's Elementary and/or Preschool video on the web page where you found this lesson or on the KidSpring App or YouTube channel.*

#### ASK your Elementary Schooler:

What were Peter and the disciples scared of when they were in the boat? (The stormy winds, crashing waves, they thought Jesus was a ghost)

What can you do to show Jesus that you trust him? (Pray and talk to Him when you're worried, thank Him for all that He has done, sing worship songs to Him, choose not to be afraid because you know He is in control)

#### ASK your Preschooler:

If you're scared, should you hide and cry or stop and pray? (Stop and pray) Yes! You can trust that Jesus will hear you and help you.

Does Jesus want us to feel all alone or trust that He is with us? (Trust that He is with us)

## HAVE FUN TOGETHER

Gather something to use as a blindfold and put your trust to the test with a trust walk.

- PLAY**
- Blindfold one family member. You can use a bandana, scarf, eye mask, tie, or whatever you have on hand.
  - While that person is being blindfolded, set up a safe and age-appropriate obstacle course in your home.
  - Guide the blindfolded family member as they *slowly* walk through the obstacle course.
  - After the blindfolded family member has successfully made it through the trust walk, allow another family to put on the blindfold and be guided through the obstacle course.

**SAY** When you were blindfolded, was it hard for you to trust that you could make it through the obstacle course without falling? (Allow responses) Jesus wants us to trust that He is always with us and He will always take care of us, even when we can't see what He has planned! Say this after me one more time:

**Trust** (hand over heart)

**Jesus** (both hands point up)

**DO** Have everyone sit in a circle and put their "fins" (feet) in the center. Going around the circle, tap each person's "fin" each time they say the next word in the memory verse. Whoever's "fin" is tapped on "17" is out. Continue playing until only one "fin" remains!

Elementary (ES)

**"Come and follow me,"**

(motion hands toward self)

**Jesus said.** (Both hands point up)

**'I will send you out** (walk in place)

**to fish for people.'**" (pat heart)

**Mark 1:17** (make book with hands)

Preschool (PS)

**"Jesus said,** (both hands point up)

**'Come follow me.'**" (walk in place)

**Mark 1:17** (make book with hands)

**PRAY** Jesus, we're so thankful we can trust You! Remind us of how much you love and care about us, especially when we're worried or scared. Amen!